



October 2017

*Cafeteria Menu

Breakfast is served daily



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 *Menu subject to change	2 Hamburger on bun Cooked carrots Tomatoes Romaine lettuce Relish tray Fruit Milk	3 Taco's Soft shell Refried beans Lettuce/Salsa Cheese Tomatoes Black olives Relish tray Fruit/ Milk	4 Toasted Ravioli Marinara sauce Corn Romaine lettuce Relish tray Fruit/ Milk	5 Chicken & noodles Mashed potatoes Biscuits Romaine lettuce Relish tray Fruit / Milk	6 Ham salad or Peanut butter & jelly sandwiches Green beans Romaine lettuce Relish tray Fruit/ Milk	7
8	9 NO SCHOOL Columbus Day	10 Steam-burger on bun Sliced tomatoes Corn Romaine lettuce Relish tray Fruit Milk	11 Hot dog on bun Baked beans Romaine lettuce Relish tray Fruit/ Milk	12 Spaghetti w/ meat sauce Garlic bread Romaine lettuce Relish tray Fruit Milk	13 Grilled cheese Green bean Romaine lettuce Relish tray Fruit/ Milk	14
15	16 Sloppy joes' on bun Sliced tomatoes Baked beans Romaine lettuce Relish tray Fruit Milk	17 Goulash Corn Garlic bread Romaine lettuce Relish tray Fruit/ Milk	18 Beef&bean burrito Rice Salsa, tomatoes Sour cream Romaine lettuce Relish tray Fruit Milk	19 Chicken nuggets Mashed potatoes w/ gravy Bread & butter Romaine lettuce Relish tray Fruit Milk	20 Pizza Green beans Romaine lettuce Relish tray Fruit Milk	21
22	23 Grilled chicken patty on bun Peas Romaine lettuce Relish tray Fruit/ Milk	24 Salisbury steak w/ gravy Mashed potatoes Bread&butter Romaine lettuce Relish tray Fruit /Milk	25 Corn dog Baked beans Romaine lettuce Relish tray Fruit Milk	26 Bosco stick Marinara Sauce Green beans Romaine lettuce Relish tray Fruit/ Milk	27 NO SCHOOL Parent/Teacher Conferences	28
29	30 Breaded tenderloin on bun Peas Romaine lettuce Relish tray Fruit/ Milk	31 Chicken alfredo w/ noodles Cooked carrots Romaine lettuce Relish tray Fruit Milk	Nov. 1 Quesadillas Corn Salsa Sour cream Romaine lettuce Relish tray Fruit/ Milk	<p>This institution is an equal opportunity provider. Persons who believe they have been discriminated against in any USDA-related activity may be advised to write: USDA Director, Office of Adjudication 1400 Independence Ave. SW Washing-</p>		<p>or call toll free(866)632-9992(Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish).</p>